The Opioid Public Health Crisis (OPHC) Course — 3.0 CE Credits

Course Description
The Opioid Public Health Crisis (OPHC) course will provide you with foundational knowledge on this nationwide health crisis and the solutions and actions to take to reduce the epidemic’s effect.

This course is for individuals, parents, healthcare professionals and groups and organizations who are working to prevent and reduce the effects of the opioid public health crisis. This is ideal for groups who serve individuals at risk for an opioid use disorder/addiction or overdose.

This includes, but not limited to: businesses, coalition and community members, correctional facilities, educators, faith groups, government, health care professionals, parents and caregivers, pharmacies, school nurses, senior living facilities, sober living communities, treatment and recovery centers, etc.

The training course provide the necessary information to understand and address the potential misuse of opioids, risk factors, and suggested prevention and reduction methods.

What You Will Learn
Acquire an in-depth understanding of the opioid public health crisis - what is occurring.

Acquire knowledge of how the health crisis developed, the contributors and risk factors.

Understand the multi-faceted solutions model that states and communities are applying to reduce the effects of the health crisis and the actions an individual / professional can take to improve the outcomes.

What People Are Saying
“This helped me understand what I can personally do to help my family and others and that the solutions work when all are used, and everyone works together.”

“I learned a lot about what contributed to the Opioid Epidemic. I was unfamiliar with statistics that related to the overdose epidemic and they are staggering. I also appreciated learning how Naloxone works in the body and how it reverses effects of an overdose.”

“As a public health educator, this course gave me a fantastic overall view of addiction, the opioid crisis (both historically and currently), and how to help.”
Course Outline

I. Drug Classifications
II. Brief Review of Addiction / Substance Use Disorder
III. Opioid Overview
   A. The Opioid Family of Drugs
   B. Opioid Misuse and Addiction
IV. The Overdose Epidemic
   A. Data, Trends and Impact
V. Contributors and Risk Factors
   A. Prescribing Factors
   B. Misrepresentation of Opioid’s Addiction Risks
   C. Paths to Prescription Pain Medicine Addiction
   D. Paths to Heroin Use
   E. Further Reading
   F. Young Adults / Youth Risk Factors
   G. Signs of Heroin or Prescription Opioid Misuse
VI. Solutions
   A. Education and Prevention
   B. Safe Prescribing Guidelined
   C. Manage Prescriptions
   D. Data and Prescription Drug Monitoring Program (PDMP)
      E. Screening and Early Intervention
      F. Reduce the Stigma Associated with Addiction
      G. Harm Reduction
      H. Treatment and Recovery
VII. Recognizing and Preventing an Opioid Overdose
   A. Who is at Risk of an Overdose
   B. Factors that Increase Heroin Overdose
   C. What Does an Opioid Overdose Look Like
   D. What is Naloxone
   E. How Opioids Affect the Central Nervous System
   F. How Naloxone Stops and Overdose
   G. Naloxone Access and Laws
   H. Naloxone Delivery Devices
   I. General Naloxone Information
VIII. End Notes and Resources

Prerequisites
There is no prerequisite for this course. We recommend you consider “The Brain and the Disease of Addiction” -- 2.0 CE Credits ($30.00) for a working understanding of the disease of addiction. More Info: https://learning.overdoselifeline.org

Training & Continuing Education
Overdose Lifeline has worked with subject matter experts to develop a series of educational courses specific to the opioid health crisis and addiction / substance use disorder.

Individual Course Pricing - Self-Paced Online Course
The Opioid Public Health Crisis self-paced online course is $45/person.

More Info: https://learning.overdoselifeline.org

About the Self-Paced Online Learning Courses
Take the course on your schedule - at your own pace.

• Gain knowledge or fulfill educational or professional requirements.
• Your progress is tracked, allowing you to start, pause, and return to the course when convenient.
• 3.0 CE Credits delivered upon 100% course completion, 80% minimum passing grade on the final exam, and completing the course ending survey.

Train-the-Trainer, Program Licensing
A Trainer version and program licensing is available to train others within your community. As well, group on-site and live online training is available for groups of five or more. Please contact: Training@overdoselifeline.org for more information and a custom quote.