Layperson Naloxone Administration (LPN) Program and Trainer Course

The Layperson Naloxone Administration Trainer Course will teach you how to deliver the program within your community(ies)

Course Description
This course has been developed by Overdose Lifeline, Inc. – a nonprofit dedicated to helping individuals, families, and communities affected by the disease of addiction / substance use disorder through advocacy, education, harm reduction, prevention, resources, and support.

Note: The training does not provide the credentials to be a Naloxone Distribution Entity. State requirements differ. Therefore please check with your local state HHS or Health Departments for specific requirements for your state.

This Layperson Naloxone Administration Program and Trainer Course is available for individuals, healthcare professionals, groups and organizations who are working to reduce the effects of the opioid public health crisis or who serve individuals at risk for opioid misuse, addition or overdose.

The program is designed to be delivered to laypersons, including but not limited to individuals, families, groups/organizations, and community members.

What You Will Learn
- You will acquire a foundational understanding of the opioid public health crisis and the contributing factors and solutions.
- The ability to recognize the signs of an opioid overdose.
- How to administer the opioid overdose reversal drug Naloxone (Intranasal and Intramuscular).

What People Are Saying
"This training gave a great overview of opioids and their affects on the body. It also allows the participant the ability to learn about recovery practices and not just the addiction side, which I thought was excellent! The training also taught about naloxone, reasons for its use, history and how to administer."

"Very helpful to learn the signs and symptoms of overdose and methods of delivering treatment. Resources for overdose prevention and treatment."

"The statistics, education, and epidemic information was outstanding. The diagrams and demonstrations showing the administration of narcan was very helpful."
Course Outline

I. Brief Review of the Disease of Addiction
II. Barrier to Seeking Help & Treatment
III. Opioid Overview
   A. The Opioid Family of Drugs
   B. Opioid Misuse and Addiction
IV. The Overdose Epidemic
   A. Data, Trends and Impact
V. Contributors and Risk Factors
   A. Prescribing Practices
   B. Misrepresentation of Opioid Addiction Risks
   C. Paths to Prescription Pain Medicine Addiction
   D. Paths to Heroin Use
   E. Who is Affected
   F. Young Adults / Youth Risk Factors
   G. Signs of Heroin or Prescription Opioid Misuse
VI. Recognizing and Preventing an Overdose
   A. Who is at Risk of an Overdose
   B. Factors that Increase Heroin Overdose
   C. Harm Reduction Definition
   D. What is Naloxone
   E. Why Use Naloxone
   F. What Does an Opioid Overdose Look Like
   G. How Opioids Affect the Central Nervous System
   H. How Naloxone Stops an Overdose
   I. Naloxone Myths and Studies
   J. Naloxone Access and Laws
   K. Naloxone Delivery Devices
VII. Naloxone Administration
   L. Intranasal Naloxone Administration (ADAPT)
   M. Intranasal Naloxone Administration (AMPHASTAR)
   N. Intramuscular Naloxone Administration
   O. General Naloxone Information
VII. Solutions
VIII. End Notes and Resources

Prerequisites
To become certified as a trainer for this course the following prerequisite is required:
The Brain and the Disease of Addiction, 2.0 CE Credits

While not a prerequisite, we also recommend: Removing the Shame and Stigma of Substance Use Disorder, 3.0 CE Credits.

Program Materials
The program materials available for download from the Presenter Resource Center allows program delivery via on-site or webinar settings.

Trainer Resource Centers include: Presentation, Full Script, Resources, Attendee Surveys, Hand-outs, Attendee Certificates, and more.

Training Process
To earn trainer designation, individuals complete prerequisite online course, program online course and program training via live web meeting.

Program and Training Pricing
Training — $225/person includes:
- Prerequisite courses: $30/person
- Training: Layperson Naloxone Administration online course and live web training — $150/person
- Course Kit: $45/person (Printed course materials, 60+ pages)

Annual Program Access/Licensing — $400/year
(Provides access for one or more trainers within an organization to use the materials)

Attendee Benefit - Online Course CE Credits
Attendees may complete an online version of this course (or other ODL courses) to earn CE Credits for layperson and clinician accreditations through Purdue University, College of Pharmacy, Office of Continuing Education.

Your attendees benefit from a 15% discount and you can earn commission for each course purchase you refer.
Visit: learning.overdoselifeline.org/join-affiliate for more information.

Course Reviewers
The course material has been reviewed by subject matter expert: Carl A. Rochelle, Nationally Registered Paramedic (NRP) and Brad Ray, Ph.D. Assistant Professor, School of Public and Environmental Affairs, Indiana University-Purdue University, Indianapolis, Indiana.