Medicated Assisted Treatment (MAT) Program and Trainer Course:
Understanding MAT as a part of comprehensive medication-assisted recovery

Course Description
In this course you will learn the role that Medication Assisted Treatment (MAT) plays in the treatment of Opioid Use Disorders. The course will include a fundamental understanding of MAT, the types of medication used in treatment, controversy regarding MAT, the myths associated with its use, and how MAT is a critical tool in effective evidence-based treatment of addiction.

Participants will gain understanding of how MAT fits into the overall treatment continuum for persons with Opioid Use Disorder, identify three medications that are proven to be effective in treatment, learn the basic characteristics of the medication, identify which patients may be best suited for each medication, and identify other psychotherapies and activities that enhance a comprehensive addiction treatment program.

This course is for individuals, family members, and stakeholders including students, health care professionals, those in criminal justice fields, mental health professionals, and others in the general public and helping professions.

What You Will Learn
Define Medicated Assisted Treatment (MAT) and the role MAT plays in treatment of Opioid Use Disorders (OUD)/Opioid Addiction.

Identify three medications used in MAT. How each medication works in the brain. The type of client each medication may be best for.

Learn basic laws and regulations surrounding the use of MAT.

Understand and dispel myths and controversy associated with MAT.

Understand MAT in chronic care management and how it fits into larger continuum of professional treatment using the National Institute on Drug Abuse (NIDA) principles of effective treatment.

This trainer course will teach you how to deliver the program within your community(ies).
Course Outline
I. Overview of Medication Assisted Treatment
   A. What is Medication Assisted Treatment
   B. Types of medications used in Medication Assisted Treatment
   C. Why Medication Assisted Treatment critical for some individuals
   D. Overview of harm reduction strategy
   E. Overview of the chronic disease model vs acute disease model
   F. Proven outcomes of Medication Assisted Treatment
II. Myths and Misunderstandings about Medication Assisted Treatment
   A. Attitudes toward MAT
   B. Discussion of MAT as taking addictive substances
   C. MAT vs Abstinence
   D. Are we substituting one problem for another?
   E. MAT and its relationship to stigma
   F. Is medication alone enough in recovery
III. Types of Medication Assisted Treatment
   A. Methadone
   B. Buprenorphine
   C. Naltrexone
IV. Supportive Psychosocial and other Interventions
   A. Principles of Effective Treatment
   B. Elements of Effective Treatment
V. Summary and Resources

Prerequisites
To become certified as a trainer for this course the following prerequisites are required:
The Brain and the Disease of Addiction, 2.0 CE Credits
The Opioid Public Health Crisis, 3.0 CE Credits
Trainers will receive layperson and clinician CE credit through University College of Pharmacy, Office of Continuing Education.
While not a prerequisite, we also recommend:
Removing the Shame and Stigma of Substance Use Disorder, 3.0 CE Credits.

Program Materials
The program materials available for download from the Presenter Resource Center allows program delivery via on-site or webinar settings.
Trainer Resource Centers include: Presentation, Full Script, Resources, Attendee Surveys, Hand-Outs, Attendee Certificates, and more.

Training Process
To earn trainer designation, individuals complete prerequisite courses, program online training via live web meeting.

Program and Training Pricing
Training — $270/person, includes:
- Prerequisite courses: $75/person
- Training: Medication Assisted Treatment Trainer online course and live web training — $150/person
- Course Kit: $45/person (Printed course materials, 60+ pages)
Annual Program Access/Licensing — $400/year (Provides access for one or more trainers within an organization to use the materials)

Attendee Benefit - Online Course CE Credits
Attendees may complete an online version of this course (or other ODL courses) to earn CE Credits for layperson and clinician accreditations through Purdue University, College of Pharmacy, Office of Continuing Education.
Your attendees benefit from a 15% discount and you can earn commission for each course purchase you refer. Visit: learning.overdoselifeline.org/join-affiliate for more information.

Course Author
The course has been authored by Dean Babcock who received his Bachelor of Science degree in Public Affairs and Master of Social Work degree from Indiana University. He is a Licensed Clinical Social Worker and Licensed Clinical Addiction Counselor, and has spent his professional career working in health care and mental health care systems in the Indianapolis area. Dean is a published author on numerous research publications and gives lectures and trainings both locally and nationally related to evidence-based practices in addiction treatment.

He has served on a wide variety of local and national committees, projects and boards, and enjoys helping the public understand the nature of addiction and its treatment.