The Opioid Public Health Crisis (OPHC) Trainer Course will teach you how to deliver the program within your community(ies).

Course Description
The Opioid Public Health Crisis (OPHC) Program and Trainer Course is available for use by individuals, healthcare professionals and groups and organizations who are working to prevent and reduce the effects of the opioid public health crisis or who serve individuals at risk for opioid misuse/addiction or overdose.

This program is designed to be delivered to layperson or professionals within your community(ies). This includes, but not limited to:
- Businesses, coalition and community members, correctional facilities, educators, faith groups, government,
- health care professionals, parents and caregivers, pharmacies, school nurses, senior living facilities, sober living communities, treatment and recovery centers, etc.

The training course provides the necessary information to understand and address the potential misuse of opioids, risk factors, and suggested prevention and reduction methods. The training course includes a toolset which is customizable for the professional or layperson audiences.

When deployed across a community, or state, it results in all key stakeholders carrying the same awareness and knowledge level and improves cross-channel collaboration and result.

What You Will Learn
You will acquire an in-depth understanding of and the tools to train individuals on the opioid public health crisis: what is occurring, how we arrived here, the contributors and risk factors. You will learn how to recognize the signs of an opioid overdose and how the opioid reversal drug Naloxone works. The course will conclude with a review of the multi-faceted solutions model that states and communities are applying to reduce the effects of the health crisis.

What People Are Saying
"I now have a better understanding of efforts the community and I personally can take to help with the opioid and overdose epidemic."

"As a public health educator, this course gave me a fantastic overall view of addiction, the opioid crisis (both historically and currently), and how to help."
The Opioid Public Health Crisis (OPHC) Program and Trainer Course

Course Outline

I. Drug Classifications
II. Brief Review of Addiction / Substance Use Disorder
III. Opioid Overview
   A. The Opioid Family of Drugs
   B. Opioid Misuse and Addiction
IV. The Overdose Epidemic
   A. Data, Trends and Impact
V. Contributors and Risk Factors
   A. Prescribing Factors
   B. Misrepresentation of Opioid’s Addiction Risks
   C. Paths to Prescription Pain Medicine Addiction
   D. Paths to Heroin Use
   E. Further Reading
   F. Young Adults / Youth Risk Factors
   G. Signs of Heroin or Prescription Opioid Misuse
VI. Solutions
   A. Education and Prevention
   B. Safe Prescribing Guidelined
   C. Manage Prescriptions
   D. Data and Prescription Drug Monitoring Program (PDMP)
      E. Screening and Early Intervention
      F. Reduce the Stigma Associated with Addiction
      G. Harm Reduction
      H. Treatment and Recovery
VII. Recognizing and Preventing an Opioid Overdose
   A. Who is at Risk of an Overdose
   B. Factors that Increase Heroin Overdose
   C. What Does an Opioid Overdose Look Like
   D. What is Naloxone
   E. How Opioids Affect the Central Nervous System
   F. How Naloxone Stops and Overdose
   G. Naloxone Access and Laws
   H. Naloxone Delivery Devices
   I. General Naloxone Information
VIII. End Notes and Resources

Prerequisites
To become certified as a trainer for this course the following prerequisite is required:
The Brain and the Disease of Addiction, 2.0 CE Credits

Trainers will receive layperson and clinician CE credit through Purdue University College of Pharmacy, Office of Continuing Education.

While not a prerequisite, we also recommend:
Removing the Shame and Stigma of Substance Use Disorder, 3.0 CE Credits.

Program Materials
The program materials available for download from the Presenter Resource Center allows program delivery via on-site or webinar settings.

Training Resource Centers include: Presentation, Full Script, Resources, Attendee Surveys, Hand-outs, Attendee Certificates, and more.

Training Process
To earn trainer designation, individuals complete prerequisite course, program online course and program training via live web meeting.

Program and Training Pricing
Training — $225/person, includes:
- Prerequisite courses: $30/person
- Training: The Opioid Public Health Crisis online course and live web training — $150/person
- Course Kit: $45/person (Printed course materials, 60+ pages)

Annual Program Access/Licensing — $400/year (Provides access for one or more trainers within an organization to use the materials)

Attendee Benefit - Online Course CE Credits
Attendees may complete an online version of this course (or other ODL courses) to earn CE Credits for layperson and clinician accreditations through Purdue University, College of Pharmacy, Office of Continuing Education.

Your attendees benefit from a 15% discount and you can earn commission for each course purchase you refer. Visit: learning.overdoselifeline.org/join-affiliate for more information.

Course Reviewers
The course material has been reviewed by subject matter expert: Brad Ray, Ph.D. Assistant Professor, School of Public and Environmental Affairs, Indiana University-Purdue University, Indianapolis, Indiana.