

Medication-Assisted Treatment (MAT) – 3.0 CE Credits

Understanding MAT as a part of comprehensive medication-assisted recovery



Course Overview

In this course you will learn the role that Medication-Assisted Treatment (MAT) plays in the treatment of Opioid Use Disorders (OUD) and understanding MAT as a part of comprehensive medication-assisted recovery.

The course will include a fundamental understanding of MAT, the types of medication used in treatment, the myths associated with its use, and how MAT is a critical tool in effective evidence-based treatment of addiction.

Participants will gain understanding of how MAT fits into the overall treatment continuum for persons with Opioid Use Disorder, identify three medications that are proven to be effective in treatment, learn the basic characteristics of the medication, identify which patients may be best suited for each medication, and identify other psychotherapies and activities that enhance a comprehensive addiction treatment program.

This course is for individuals, students and stakeholders including health care professionals, those in criminal justice fields, mental health professionals, and others in the general public and helping professions.

What You Will Learn

Describe: Medication-Assisted Treatment (MAT) and the role MAT plays in treatment of Opioid Use Disorders (OUD)/Opioid Addiction. the three most common MAT medications: methadone, buprenorphine, and naltrexone.

Explain: Why MAT is critical in the fight against OUDs and why it is a model of chronic care management. How each medication works in the brain.

Discuss and Dispel: Myths and controversy associated with MAT.

Identify: Characteristics of each medication. The type of client each medication may be best for. Other clinical activities to use in conjunction with these medications. Three medications used in MAT.

Recognize: How MAT fits into larger continuum of professional treatment using the National Institute on Drug Abuse (NIDA) principles of effective treatment. Basic laws and regulations surrounding the use of MAT.



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Course Outline

- I. Overview of Medication-Assisted Treatment (MAT)
 - A. What is Medication-Assisted Treatment
 - B. Types of medications used in MAT
 - C. Why MAT critical for some individuals
 - D. Overview of harm reduction strategy
 - E. Overview of the chronic disease model vs acute disease model
 - F. Proven outcomes of MAT
- II. Myths and Misunderstandings about Medication-Assisted Treatment
 - A. Attitudes toward MAT
 - B. Discussion of MAT as taking addictive substances
 - C. MAT vs Abstinence
 - D. Are we substituting one problem for another?
 - E. MAT and its relationship to stigma
 - F. Is medication alone enough in recovery
- III. Types of Medication-Assisted Treatment
 - A. Methadone
 - B. Buprenorphine
 - C. Naltrexone
- IV. MAT and Continuum of Care for Opioid Use Disorder (OUD)
 - A. Principles of Effective Treatment
- V. Summary and Resources

Online CE Course

3.0 CE credits, \$45/person

Online, self-paced continuing education

- Fulfill educational requirements
- Learn at your own pace
- Earn CE credits and certificate upon completion

Prerequisites

None. We recommend you consider “The Brain and the Disease of Addiction” — 2.0 CE Credits (\$30.00) for a working understanding of the disease of addiction.

On-Site & Live Web Training

On-site and live online training, available for groups of five or more. Contact us for more information and a custom quote.

Trainer Course

Get certified to deliver the course within your community. Trainer, training is conducted via the web. Program materials are provided for on-site and webinar settings.

Fees: \$255/person

One prerequisite course, program training, and trainer's kit

Annual Program License: \$400/per group

Access for one or more trainers within an organization to use the trainer materials.

Course Author

The course has been authored by Dean Babcock who received his Bachelor of Science degree in Public Affairs and Master of Social Work degree from Indiana University. He is a Licensed Clinical Social Worker and Licensed Clinical Addiction Counselor, and has spent his professional career working in health care and mental health care systems in the Indianapolis area. Dean is a published author on numerous research publications and gives lectures and trainings both locally and nationally related to evidence-based practices in addiction treatment. He has served on a wide variety of local and national committees, projects and boards, and enjoys helping the public understand the nature of addiction and its treatment.

CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline has developed layperson and clinician CE courses and 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, *AMA PRA Category 1 Credit(s)*[™] (ACCME) which will service all other clinical and layperson credits.

Law Enforcement accreditation: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

