

The Removing the Shame and Stigma of Substance Use Disorder (SUD) / Addiction Course – 3.0 CE Credits



Course Overview

In this course you will learn about the effects of shame and stigma on the individuals, families, caregivers, and communities impacted by the disease of addiction. The course will review the consequences of shame and stigma associated with the disease of addiction, why addiction is stigmatized within society, and solutions to address shame and stigma.

Shame and stigma is a mark of disgrace and a set of negative beliefs held against a person, issue, or circumstance, often based off assumptions, judgements, and preconceived notions rather than facts. Participants will gain an understanding of the effect stigma has on the individual with substance use disorder and how it creates barriers to getting help through first-hand experiences and situations.

This course is for individuals, family members, and stakeholder that include students, healthcare professionals, law enforcement, and groups and organizations who will benefit from knowledge of the role that shame and stigma play in treatment and recovery.

What You Will Learn

Understand: The role of stigma and its effect on substance use disorder (disease of addiction) and how stigma inhibits people from achieving long-term wellness and recovery.

Describe: The impact of shame and stigma on the individual and family/caregivers and the consequences of experienced stigma and shame and the impact on recovery, setback (relapse), and other social and health factors.

Eliminate: Judgements and negative attitudes towards the individuals suffering from the disease as well as assumptions and negative preconceived notions of the disease and the individual.

What People Are Saying

"I have never thought of shopping, materialistic items as a comparison to fill a void to make one feel better. Excellent comparison to bridge that gap and find commonality."

"In the past when I thought about stigma and addiction, I typically thought about how another person (family member, neighbor) stigmatize someone with this disease. I now have a better understanding of how stigma from other areas of one's life (medical communities, law enforcement, etc.) affects someone with this disease."



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Course Outline

- I. Brief Review of the Science of Addiction
- II. What is Stigma?
 - a. Definition
 - b. Stigma Examples
 - c. Factors that Influence Stigma
 - d. Types of Stigma
- III. How do we / Why do we Stigmatize?
 - a. Applying Socio-Ecological Model to Stigma
 - b. Stigma and Discrimination
 - c. Labeling Theory
 - d. Criminalized
 - e. Setback (Relapse)
 - f. Moral Failing Belief
 - g. Self-Fulfilling Prophecy, Effect on Self-Esteem
- IV. Examples of Stigma in Medical Disease/Conditions
- V. Impact of Shame and Stigma
 - a. Effects and Sources of Stigma
 - b. Impact on the Individual
 - b. Impact on the Family/caregivers
 - c. Addiction Professionals Stigma
 - d. Healthcare System Stigma
 - e. Pharmacy Stigma
 - f. Criminal Justice System Stigma
- VI. Solutions
 - a. Education
 - b. Language
 - c. Harm Reduction
 - d. Policy & Laws
 - e. Innovative Programs
 - f. Treatment Access / Continuation of Care
- VII. Toolkit

Course Reviewers

The course material has been reviewed by subject matter expert: Morgan Gliedman, Vice President, Education and Engagement, Addiction Policy Forum.

CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline has developed layperson and clinician CE courses and 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, AMA PRA Category 1 Credit(s)[™] (ACCME) which will service all other clinical and layperson credits.

Law Enforcement accreditation: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

Online CE Course

3.0 CE credits, \$45/person

Online, self-paced continuing education

- Fulfill educational requirements
- Learn at your own pace
- Earn CE credits and certificate upon completion

Prerequisites

None. We recommend you consider “The Brain and the Disease of Addiction” — 2.0 CE Credits (\$30.00) for a working understanding of the disease of addiction.

On-Site & Live Web Training

On-site and live online training, available for groups of five or more. Contact us for more information and a custom quote.

Trainer Course

Get certified to deliver the course within your community. Trainer, training is conducted via the web. Program materials are provided for on-site and webinar settings.

Fees: \$240/person

One prerequisite course, program training, and trainer's kit

Annual Program License: \$400/per group

Access for one or more trainers within an organization to use the trainer materials.

