

Guide to Substance Use Disorder Treatment and Recovery (SUD-TR) – 3.0 CE Credits



Course Overview

In this course you will gain an understanding of substance use disorder (SUD) treatment and recovery practices and principles. The course will review the signs and symptoms of SUD and how the process of screening and assessment helps determine next steps and the required level of care.

The course will define effective, clinically-proven treatment principles and the importance of providing an individualized, multi-faceted approach to treatment and continuum of care.

Participants will learn how the process of change can contribute to interrupting the addiction cycle and achieving recovery. The course will review the four dimensions and ten guiding principles of recovery and provide an understanding of relapse (or setback), the stages of relapse, and relapse prevention. Finally, the course will provide a guide to locating trusted resources and support.

This course is for individuals, students and stakeholders including health care professionals, those in criminal justice fields, mental health professionals, and others in the general public and helping professions.

What You Will Learn

Identify and Label: DSM-5 signs and symptoms of substance use disorder. ASAMs six dimensions of multidimensional assessment and explain their relation to ASAM's level of care.

Describe: How the process of change contributes to interrupting the addiction cycle and achieving recovery. ASAMs four levels of care and explain the difference between levels 1-4. What a relapse (or setback) is, what it means for treatment plans, and what the stages of relapse entail.

Explain: The importance of an individualized, multi-faceted approach to assessment, treatment, and recovery. The four dimensions of recovery and their alignment to the ten guiding principles of recovery.

Locate: Evidence-based treatment services and identify available resources and support.



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Course Outline

- I. Brief Review of Substance Use Disorder (SUD)
 - A. Definition
 - B. Cause and Risk Factors
- II. Screening and Assessment
 - A. The Process and Purpose
 - B. Screening, Brief Intervention and Referral to Treatment
 - C. PCP and Addiction Specialist Assessment
 - D. ASAM's Six Dimensions of Multidimensional Assessment
 - E. Other Common SUD Screenings: ACEs: Adverse Childhood Experiences Screening
- III. DSM-5 Signs and Symptoms of SUD
 - A. DSM 5 Signs and Symptoms
 - B. Determining the Severity
- IV. Cycle of Addiction and Stages of Change
 - A. Cycle of Addiction and Denials Role
 - B. Stages of Change
- V. SUD Treatment and Levels of Care
 - A. Treatable Disorder
 - B. Individualized. Continuum of Care
 - C. ASAM's Levels of Care
 - D. Multi-faceted Approach to SUD Treatment
 - E. Principles of Effective Treatment
- VI. Recovery
 - A. Definition
 - B. Four Dimensions of Recovery
 - C. Ten Guiding Principles
- VII. Relapse, or Setback
 - A. Definition
 - B. Stages of Relapse
 - C. Relapse Prevention
- VIII. Resources and Support

Course Subject Matter Expert

Dean Babcock received his Bachelor of Science degree in Public Affairs and Master of Social Work degree from Indiana University. He is a Licensed Clinical Social Worker and Licensed Clinical Addiction Counselor, and has spent his professional career working in health care and mental health care systems. Dean is a published author on numerous research publications and gives lectures and trainings locally / nationally related to evidence-based practices in addiction treatment.

CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline has developed layperson and clinician CE courses and 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, *AMA PRA Category 1 Credit(s)*[™] (ACCME) which will service all other clinical and layperson credits.

Law Enforcement accreditation: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

Online CE Course

3.0 CE credits, \$45/person

Online, self-paced continuing education

- Fulfill educational requirements
- Learn at your own pace
- Earn CE credits and certificate upon completion

Prerequisites

None. We recommend you consider "The Brain and the Disease of Addiction" — 2.0 CE Credits (\$30.00) for a working understanding of the disease of addiction.

On-Site & Live Web Training

On-site and live online training, available for groups of five or more. Contact us for more information and a custom quote.

Trainer Course

Get certified to deliver the course within your community. Trainer, training is conducted via the web. Program materials are provided for on-site and webinar settings.

Fees: \$240/person

One prerequisite course, program training, and trainer's kit

Annual Program License: \$400/per group

Access for one or more trainers within an organization to use the trainer materials.

