

# Medication- Assisted Treatment

Understanding MAT as a part of  
comprehensive medication-assisted  
recovery



## Course Overview

The course includes a fundamental understanding of MAT, the types of medication used in treatment, the myths associated with its use, and how MAT is a critical tool in effective evidence-based treatment of addiction. Participants will gain an understanding of how MAT fits into the overall treatment continuum for persons with Opioid Use Disorder, identify three medications that are proven to be effective in treatment, learn the basic characteristics of the medication, identify which patients may be best suited for each medication, and identify other psychotherapies and activities that enhance a comprehensive addiction treatment program.

## What People Are Saying

"The training was helpful in outlining the difference between the three MOUD medications, when to use each medication in MAT, how to choose the options of medication for SUD, for example a patient being a "candidate for MAT" does not qualify them for only buprenorphine."

- Discuss: Medication-Assisted Treatment (MAT) and the role MAT plays in treatment of Opioid Use Disorders (OUD). The three most common MAT medications: methadone, buprenorphine, and naltrexone.
- Explain why MAT is critical in the fight against OUDs and why it is a model of chronic care management. How each medication works in the brain.
- Discuss myths and controversy associated with MAT.
- Identify: Three medications used for MAT, the characteristics of each medication, and the type of client each medication may be best for. Other clinical activities to use in conjunction with these medications.
- Explain how MAT fits into larger continuum of professional treatment using the NIDA principles of effective treatment. Basic laws and regulations surrounding the use of MAT.

# Medicated Assisted Treatment (MAT)

## Online Course Meets DEA Provider MATE Act Training Content Requirements

### Course Outline

- I. Overview of Medication-Assisted Treatment (MAT)
  - A. What is Medication-Assisted Treatment
  - B. Types of medications used in MAT
  - C. Why MAT critical for some individuals
  - D. Overview of harm reduction strategy
  - E. Overview of the chronic disease model vs acute disease model
  - F. Proven outcomes of MAT
- II. Myths and Misunderstandings about Medication-Assisted Treatment
  - A. Attitudes toward MAT
  - B. Discussion of MAT as taking addictive substances
  - C. MAT vs Abstinence
  - D. Are we substituting one problem for another?
  - E. MAT and its relationship to stigma
  - F. Is medication alone enough in recovery
- III. Types of Medication-Assisted Treatment
  - A. Methadone
  - B. Buprenorphine
  - C. Naltrexone
- IV. MAT and Continuum of Care for Opioid Use Disorder (OUD)
  - A. Principles of Effective Treatment
- V. Summary and Resources

### Course Author

The course has been authored by Dean Babcock who received his Bachelor of Science degree in Public Affairs and Master of Social Work degree from Indiana University. He is a Licensed Clinical Social Worker and Licensed Clinical Addiction Counselor, and has spent his professional career working in health care and mental health care systems in the Indianapolis area. Dean is a published author on numerous research publications and gives lectures and trainings both locally and nationally related to evidence-based practices in addiction treatment. He has served on a wide variety of local and national committees, projects and boards, and enjoys helping the public understand the nature of addiction and its treatment.

### CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline has developed layperson and clinician CE courses and 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, *AMA PRA Category 1 Credit(s)*<sup>™</sup> (ACCME) which will service all other clinical and layperson credits.

Law Enforcement: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

### Online CE Course

#### 3.0 CE credits, \$45/person

Online, self-paced continuing education. This course meets the MATE Act training content requirements, delivering 3 of the 8 credit hours required.

### Onsite and Virtual Training

Onsite and virtual training available for groups of five or more. Contact us for more information and a custom quote.

### Trainer Program

Get certified to deliver the course within your community.

Program materials are provided for onsite and virtual / webinar settings. Includes: Presentation PowerPoint with trainer notes and complete script. Multiple versions for different training lengths and customizable. Attendee pre-post-survey, handouts, breakout activities, poll questions, certificate of attendance, customizable flyers, and more.

#### Training Fee: \$255/person

One prerequisite course, program training, and trainer's kit

#### Individual License Fee: \$200/person

Access for one trainer. Annual renewal.

#### Group Program License Fee: \$400/per group

Access for two or more trainers within an organization. Annual renewal.

*Examples:*

*\$455 for one trainer (\$255 + \$200)*

*\$1,165 for three trainers (\$255 X 3 + \$400)*

